

# NATIONAL GIRL CHILD DAY

## AWARENESS & EMPOWERMENT SESSION



23<sup>rd</sup> January, 2026  
Venue: Acharya Institutes Campus

### About the Program

In observance of National Girl Child Day, Acharya is organising UDAAN 2026, an Awareness and Empowerment Session dedicated to nurturing confidence, leadership, and career readiness among girl students.

Scheduled on 23rd January 2026 at the Acharya Institutes Campus, the session aims to create a supportive platform for young women to explore personal development, social awareness, and future career pathways through expert-led interactions.

The programme will feature eminent speakers from psychology, cyber safety, and engineering education, offering valuable insights on mental well-being, digital safety, leadership, and professional growth.

#### Objectives of the Program

- To promote awareness on personal safety, mental health, and cyber security
- To enhance leadership qualities, social skills, and team-building abilities
- To encourage career awareness and informed decision-making
- To empower girl students through personality development and self-confidence building
- To commemorate National Girl Child Day by reinforcing the importance of education and empowerment

#### Expected Outcomes of the Program




- Improved self-awareness and confidence among participants
- Better understanding of cyber safety and responsible digital behaviour
- Enhanced communication, leadership, and interpersonal skills
- Increased clarity on career options and personal growth pathways
- Stronger motivation among students to pursue their goals with resilience and independence

**Target Audience:** Acharya Students

### Committee Members

ADVISORY COMMITTEE
<ul style="list-style-type: none"><li>• Dr. Bhagirathi Bai V, Director – Academics, Acharya Institutes</li></ul>
CONVENER
<ul style="list-style-type: none"><li>• Prof. Sheela S Maharajpet, Assistant Professor, Department of MCA, AIT</li></ul>
COORDINATOR
<ul style="list-style-type: none"><li>• Prof. Sheela S Maharajpet, Assistant Professor, Department of MCA, AIT</li></ul>

### Resource Person Details

	<b>Dr. Padmakshi Lokesh</b> Designation : Clinical Psychologist & Educationist		<b>Ms. Rohini Reddy</b> Designation : Inspector, Cyber Crime Police Station, North Division
	<b>Dr. Kala Venugopal</b> Designation : HOD, CSE, Acharya Institute of Technology		



#### Acharya Institute of Technology

Acharya Dr. S. Radhakrishnan Road, Acharya P.O  
Soladevanahalli, Bangalore - 560107, Karnataka, India.

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#### Event Coordinator

Prof. Sheela S Maharajpet,  
Assistant Professor, Department of MCA, AIT