



ACHARYA INSTITUTE OF TECHNOLOGY

Department of Mathematics

Yoga Sangama Empowering Minds, Energizing Lives

IN ASSOCIATION WITH



About the Program

- This program aims to create awareness about the importance of yoga for physical, mental, and emotional well-being.
- To encourage faculty and students to adopt yoga as a part of their daily lifestyle.
- To promote stress management, concentration, and mindfulness through yoga practices.
- To foster a healthy and positive campus environment.
- To celebrate international yoga day by emphasizing the role of yoga in holistic development.

**22nd to 26th
June 2026**

03:30 PM to 5:00 PM

Venue: ECE Block Seminar Hall, Acharya Campus

Know More



Register

