



ACHARYA INSTITUTE OF TECHNOLOGY







NAAC Criteria 5 & 7 NBA Criteria 10

26th September 2025 | 10:00 am to 4:00 pm

The snack lab & EC seminar hall, Acharya Campus



About the Program

This program is aimed at fostering a culture of health, hygiene, and overall well-being among students through awareness, collaboration, and practical initiatives. It emphasizes the importance of personal hygiene, healthy habits, mental wellness, and preventive care as essential foundations for academic success and a balanced lifestyle. By partnering with healthcare professionals, educators, and wellness experts, the program seeks to create a supportive environment that empowers students to make informed choices for their long-term health and well-being.

Objectives of the Program

- To promote menstrual health and personal hygiene among female students.
- To provide students access to free hygiene kits curated by Whisper & Venus.
- To encourage student leadership through volunteer opportunities and internships.
- Provide career guidance.

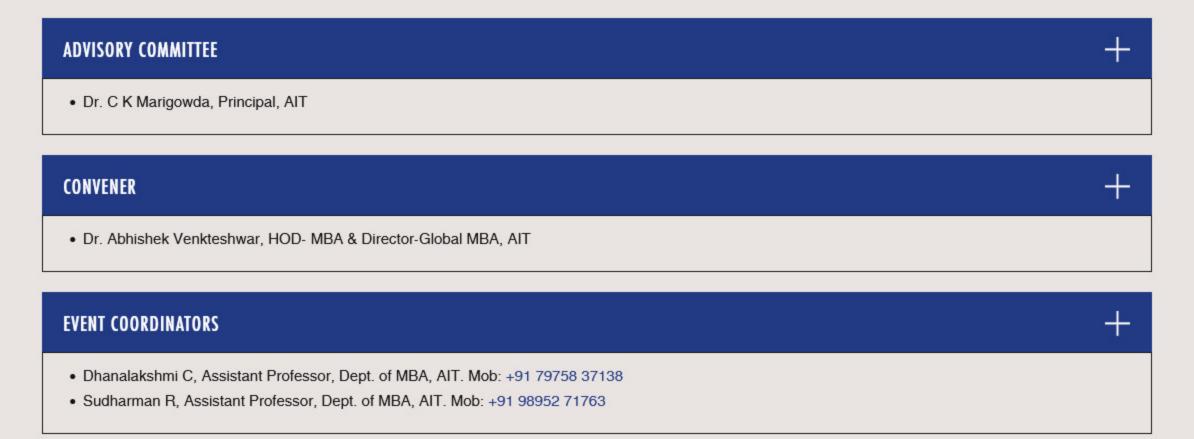
Target Audience: Female students and Faculties of Acharya campus

REGISTER NOW

Committee Members

Expected Outcomes of the Program

- · Enhanced awareness of menstrual hygiene and personal well-being.
- 100% participation of enrolled female students receiving hygiene kits.
- Recognition and practical exposure for student volunteers through LORs and internships.



Resource Person Details



Dr. Hemamalini

Designation: Director - Placements, Acharya Institutions Topic: Career opportunities, HR expectations and industry perspective with reference to job readiness











Acharya Institute of Technology

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LOCATE US

Event Coordinator

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