



## INTERNATIONAL HAND HYGIENE DAY

### ACCELERATE ACTION TOGETHER

### SAVE LIVES — CLEAN YOUR HANDS — HASTHA (HELPING HANDS) — 2025

05<sup>th</sup> May 2025 | 09:00 am to 01:00 pm

Tirumalapura



### About the Program

International Hand Hygiene Day, observed annually on May 5th, is a global initiative spearheaded by the World Health Organization (WHO) under its “SAVE LIVES: Clean Your Hands” campaign. This day aims to promote the importance of hand hygiene in health care and everyday life as a simple yet highly effective way to prevent infections and save lives. At Smt.Nagarathnamma College of nursing, we recognize the critical role hand hygiene plays in infection prevention and control (IPC). Our Hand Hygiene Day Program is organized to raise awareness, reinforce best practices, and engage healthcare professionals, students, and the public in meaningful actions that promote a culture of safety and cleanliness.

#### Objectives of the Program

- To educate participants on the WHO’s “5 Moments for Hand Hygiene”.
- To demonstrate correct hand washing techniques using soap and alcohol-based hand rubs.
- To encourage commitment to hand hygiene practices among healthcare providers and students.
- To reduce healthcare-associated infections (HAIs) through improved IPC measures.

#### Expected Outcome of the Program

- Increased Awareness
- Improved Health Practices
- Reduced Illnesses
- Behavioral Change
- Knowledge Dissemination

**Target Audience:** School Children

### Committee Members

#### ADVISORY COMMITTEE

- Prof. Devi Nanjappan, Principal, Smt. Nagarathnamma college of Nursing, Bangalore

#### FACULTY COORDINATOR

- Dr. Vijaya Malar S, Professor and Head of the Department of Community Health Nursing, SNCN
- Ms.Anushree, Asst. Lecturer, Department of Community Health Nursing, SNCN

#### PROGRAM SCHEDULE

| Time                | Events /Activities   | Place        |
|---------------------|--|--------------|
| 09:00 AM - 09:30 AM | Inauguration   | Tirumalapura |
| 09:30 AM - 10:30 AM | Demonstration Sessions on hand hygiene techniques                      | Tirumalapura |
| 10:30 AM - 11:30 AM | Poster and Slogan Competitions to creatively express hygiene awareness | Tirumalapura |
| 11:30 AM - 11:45 AM | Pledge Ceremony to commit to regular and proper hand hygiene           | Tirumalapura |
| 11:45 AM - 01:00 PM | Awareness Rally  | Tirumalapura |



#### Smt. Nagarathnamma College of Nursing

Acharya Dr. S. Radhakrishnan Road, Acharya P.O  
Soladevanahalli, Bangalore - 560107, Karnataka, India.

LOCATE US

#### Event Coordinator

Dr. Vijaya Malar S,  
Professor and Head of the Department of  
Community Health Nursing, SNCN.